READ THIS FIRST
Quick-Start Guide

Enter the activation code given. 1 code for 1 test only

PLEASE WATCH THE ‘HOW TO TAKE A TEST VIDEO’

SELECT A DAY 2 LATERAL FLOW TEST OR A FIT TO FLY/ PREDEPARTURE TEST.
- FOR FIT TO FLY, AFTER YOU ACTIVATE YOUR TEST, YOU CAN PERFORM YOUR TEST
- FOR DAY 2 TESTS, FILL IN YOUR ‘TRAVELLER INFORMATION FORM’. YOUR PLF NUMBER SHOULDN’T HAVE BEEN GIVEN TO YOU BY YOUR TEST PROVIDER.

PERFORMING YOUR TEST
- WATCH THE ‘HOW TO TAKE A TEST VIDEO’ FOR CLEAR INSTRUCTIONS.
- OPEN YOUR BUFFER TUBE AND INSERT IT INTO THE BOX TO HOLD IT UPRIGHT. LAY YOUR TEST STRIP ON A FLAT SURFACE.
- TAKE THE STERILE SWAB AND INSERT THIS INTO YOUR NOSE 2-3CM DEEP AND ROTATE 5 TIMES. REPEAT THIS IN THE OTHER NOSTRIL.
- THEN INSERT THIS INTO THE BUFFER TUBE SOLUTION AND SWIRL FOR 30SECS.
- INSERT THE TIP ONTO THE BUFFER TUBE AND SQUEEZE 2-4 DROPS ONTO THE TEST STRIP SAMPLE WELL MARKED ‘S’.

VERIFYING YOUR TEST
- AFTER 15MINS YOU WILL SEE YOUR RESULT
- TAKE A PICTURE OF YOUR PASSPORT/ TRAVEL DOCUMENT AND YOUR RESULT AND SUBMIT.
- AFTER YOUR RESULTS ARE VERIFIED YOU WILL RECEIVE AN EMAIL, USUALLY WITHIN 15MINS

WARNING
If you do not SUBMIT THE CORRECT INFORMATION AND PHOTOS, your test may be rejected.